

# Inspection Report under the Long-Term Care Homes Act, 2007

Rapport d'inspection prévue le *Loi de 2007 les foyers de soins de longue durée* 

Ministry of Health and Long-Term Care

Health System Accountability and Performance Division Performance Improvement and Compliance Branch

### Ministère de la Santé et des Soins de longue durée

Division de la responsabilisation et de la performance du système de santé

Direction de l'amélioration de la performance et de la conformité

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Date(s) of inspection/Date de l'inspection Jul 30, 31, Aug 1, 10, 13, 15, 16, 17,	Inspection No/ d'inspection	Type of Inspection/Genre d'inspection		
2012	2012_140158_0007	Critical Incident		
Licensee/Titulaire BLIND RIVER DISTRICT HEALTH CENTRE 525 Causley Street, P.O. Box 970, BLIND RIV	ER, ON, P0R-1B0			
Long-Term Care Home/Foyer de soins de la BLIND RIVER DISTRICT HEALTH CENTRE - 525 CAUSLEY STREET, P. O. BOX 970, BLIN	LTC UNIT			
Name of Inspector(s)/Nom de l'inspecteur(s Kelly-Jean Schienbein (158)	3)			
Inspection	Summary/Sommaire d'insp	ection		
During the course of the inspection, the ins Manager of the LTC unit, the RAI Coordinat and Families.  During the course of the inspection, the ins staff to resident interactions, observed resi various policies and procedures.	tor, Registered Nursing Staff, Pers spector(s) conducted a walk throu ident care delivery, reviewed heal	sonal Support Workers, Residents  Igh of resident care areas, observed th care records and reviewed		
The following log and Critical Incident Reposition 12, S-000736-12, CI # 2865-000005-1		Critical Incident Inspection: S-		
The following Inspection Protocols were us Findings of Non-Compliance were found do Falls Prevention				
On December 17, 2012, O Reg 79/10. 417/12 Term Care Homes Act 2007. As a result of 1 158 on August 17, 2012 is amended and the	this amendment, the original insp			



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#### NON- COMPLIANCE / (Non-respectés)

#### Definitions/Définitions

WN - Written Notifications/Avis écrit

VPC - Voluntary Plan of Correction/Plan de redressement volontaire

DR - Director Referral/Régisseur envoyé

CO - Compliance Order/Ordres de conformité

WAO - Work and Activity Order/Ordres: travaux et activités

The following constitutes written notification of non-compliance under paragraph 1 of section 152 of the LTCHA.

Non-compliance with requirements under the Long-Term Care Homes Act, 2007 (LTCHA) was found. (A requirement under the LTCHA includes the requirements contained in the items listed in the definition of "requirement under this Act" in subsection 2(1) of the LTCHA.)

Le suivant constituer un avis d'écrit de l'exigence prévue le paragraphe 1 de section 152 de les foyers de soins de longue durée.

Non-respect avec les exigences sur le *Loi de 2007 les foyers de soins de longue durée* à trouvé. (Une exigence dans le loi comprend les exigences contenues dans les points énumérés dans la définition de "exigence prévue par la présente loi" au paragraphe 2(1) de la loi.

#### WN # 1 The Licensee has failed to comply with LTCHA, 2007 S.O. 2007, c.8, s. 6. Plan of care

Specifically failed to comply with the following subsections:

- s. 6. (1) Every licensee of a long-term care home shall ensure that there is a written plan of care for each resident that sets out.
- (a) the planned care for the resident;
- (b) the goals the care is intended to achieve; and
- (c) clear directions to staff and others who provide direct care to the resident. 2007, c. 8, s. 6 (1).
- s. 6. (7) The licensee shall ensure that the care set out in the plan of care is provided to the resident as specified in the plan. 2007, c. 8, s. 6 (7).

#### Findings:

- 1. The Inspector reviewed the health care record including the plan of care for resident # 02 on July 31/12. An entry in the progress notes by staff # 102 indicated that the resident was not wearing a 'lap belt' when the resident was in the wheel chair (w/c). The resident's plan of care did stipulate to apply the seat belt restraint when the resident is in the w/c. The care set out in the plan of care was not provided to resident # 02 as specified in the plan. [LTCHA 2007, S.O. 2007, c.8, s. 6.(7)]
- 2. The inspector observed on July 30/12 at 1630hr that staff # 105 used the chorus lift to transfer resident # 08 from the chair into the resident's w/c. The resident's plan of care identified that 2 staff are required when transferring the resident. The care set out in the plan of care was not provided to resident # 08 as specified in the plan. [LTCHA 2007, S.O. 2007, c.8, s. 6.(7)]
- 3. The Inspector reviewed the health care record including the plan of care for resident # 01 on July 30/12. The Inspector noted that the plan of care identified that the resident is at risk when smoking. The intervention "ensure resident wears a smoking apron when smoking" was found in the plan of care under smoking safety. The Inspector observed that staff # 102 unlocked the courtyard door so that resident # 01 could go out to courtyard to smoke on July 30/12 at 1745hr and on July 31/12 at 1230hr. The Inspector observed that the resident did not wear a smoking apron or was provided or offered one by the staff. The care set out in the plan of care related to smoking safety was not provided to resident # 01 as specified in the plan of care. [LTCHA 2007, S.O. 2007, c.8, s. 6.(7)]
- 4. The Inspector reviewed the health care record including the plan of care for resident # 01 on July 30/12. The Inspector noted that the plan of care identified that the resident was at risk to fall with several fall prevention strategies. Resident # 01 room was observed by the Inspector on July 30/12 to be cluttered with a large computer stand, O2 machine, a large comfy chair and various wires and tubing spread on the floor which blocked the egress to the bathroom. The plan of care does not reflect a fall preventive strategy to ensure that the room is clutter-free. The home did not ensure that there is a written plan of care that sets out, clear directions to staff and others who provide direct care to resident # 01. [LTCHA 2007, S.O. 2007, c.8, s. 6.(1)(c)]
- 5. The Inspector reviewed the health care record including the plan of care for resident # 01. An assessment of resident # 01 identified the following; requires assistance of 1 staff for am and pm care but is able to toilet themselves during the



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day; uses a wheel chair (w/c) for long distances such as to the dining room but will use a cane for ambulation with a sling on at other times. It was also identified in the assessment that the resident will wander in his hours as they are hungry or thirsty and that staff are to remind the resident to ask for help.

The written plan of care is not reflective of the assessment of the resident needs and subsequently, the direction related to the staff's assistance with dressing and toileting, as well as, the resident's current mobility device is contradictory. Also there was no direction found related to strategies to manage the resident's wandering at night.

The written plan of care for resident # 01 does not set out clear directions to staff and others who provide direct care to resident 01. [LTCHA 2007, S.O. 2007, c.8, s. 6.(1)(c)]

#### Additional Required Actions:

VPC - pursuant to the Long-Term Care Homes Act, 2007, S.O. 2007, c.8, s.152(2) the licensee is hereby requested to prepare a written plan of correction for achieving compliance ensuring that the care set out in the plan of care is provided to the resident as specified in the plan., to be implemented voluntarily.

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#### WN # 3 The Licensee has failed to comply with O.Reg 79/10, s. 49. Falls prevention and management

Specifically failed to comply with the following subsections:

- s. 49. (1) The falls prevention and management program must, at a minimum, provide for strategies to reduce or mitigate falls, including the monitoring of residents, the review of residents' drug regimes, the implementation of restorative care approaches and the use of equipment, supplies, devices and assistive aids. O. Reg. 79/10, s. 49 (1).
- s. 49. (2) Every licensee of a long-term care home shall ensure that when a resident has fallen, the resident is assessed and that where the condition or circumstances of the resident require, a post-fall assessment is conducted using a clinically appropriate assessment instrument that is specifically designed for falls. O. Reg. 79/10, s. 49 (2).

#### Findings:

- 1. The Inspector reviewed the health care record including the plan of care for resident # 02 on July 30/12. Staff # 107 documented in the progress notes that resident # 02 fell out of a chair. The Emergency Acute Care RN came to assess the resident when staff # 107 called the emergency department to report that the resident was grimacing in pain. The Emergency Charge Nurse received an order from the physician for treatment of the resident's injury and to send the resident for x-ray in am. Assessment of the physical status of resident # 02 was documented however a post fall assessment using a clinically appropriate assessment instrument, that is specifically designed for falls, was not found. The home failed to ensure that when a resident has fallen, a post-fall assessment is conducted using a clinically appropriate assessment instrument that is specifically designed for falls. [O.Reg 79/10, s. 49 (2)]
- 2. The home's policy "Falls Prevention and Management Program Protocol" was reviewed by the Inspector on July 30/12. Although the policy identifies generic strategies to manage falls, it fails to include a review of the resident's drug regime or the implementation of restorative care approaches. The home failed to ensure that its falls prevention and management program provided strategies to reduce or mitigate falls, including the monitoring of residents, the review of residents' drug regimes, the implementation of restorative care approaches and the use of equipment, supplies, devices and assistive aids. [O.Reg 79/10, s. 49 (1)]

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WN # 4 The Licensee has failed to comply with O.Reg 79/10, s. 107. Reports re critical incidents

Specifically failed to comply with the following subsections:

s. 107. (3) The licensee shall ensure that the Director is informed of the following incidents in the home no later than one business day after the occurrence of the incident, followed by the report required under subsection



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(4):

- 1. A resident who is missing for less than three hours and who returns to the home with no injury or adverse change in condition.
- 2. An environmental hazard, including a breakdown or failure of the security system or a breakdown of major equipment or a system in the home that affects the provision of care or the safety, security or well-being of residents for a period greater than six hours.
- 3. A missing or unaccounted for controlled substance.
- 4. An injury in respect of which a person is taken to hospital.
- 5. A medication incident or adverse drug reaction in respect of which a resident is taken to hospital. O. Reg. 79/10, s. 107 (3).

#### Findings:

1. The home did not ensure that the Director was informed within one business day after the occurrence of incident in the home, whereby a resident was taken to hospital as a result of injury.

Resident # 02 fell and sustained an injury resulting in a transfer to hospital. The Director was not informed within the one business day time frame. [O.Reg 79/10, s. 107.(3)4]

2. Resident # 01 was found on the floor and was transferred to hospital where it was determined the resident sustained a fracture. The Director was not informed within the one business day time frame. [O.Reg 79/10, s. 107.(3) 4]

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### WN # 5 The Licensee has failed to comply with O.Reg 79/10, s. 110. Requirements relating to restraining by a physical device

Specifically failed to comply with the following subsections:

- s. 110. (7) Every licensee shall ensure that every use of a physical device to restrain a resident under section 31 of the Act is documented and, without limiting the generality of this requirement, the licensee shall ensure that the following are documented:
- 1. The circumstances precipitating the application of the physical device.
- 2. What alternatives were considered and why those alternatives were inappropriate.
- 3. The person who made the order, what device was ordered, and any instructions relating to the order.
- 4. Consent.
- 5. The person who applied the device and the time of application.
- 6. All assessment, reassessment and monitoring, including the resident's response.
- 7. Every release of the device and all repositioning.
- 8. The removal or discontinuance of the device, including time of removal or discontinuance and the post-restraining care. O. Reg. 79/10, s. 110 (7).

#### Findings:

1. The Inspector reviewed the health care record including the plan of care for resident # 02 on July 30/12. A seat belt was applied to the wheel chair belonging to resident # 2 as the resident had previously fallen out of the w/c. An order for a Protective Assistive Safety Device (PASD) was obtained from the physician. The POA consented to the use of the (PASD). Resident # 02 progress notes identified that staff # 102 observed the seat belt ("lap belt") was not engaged. Staff #102 observed that the resident was unable to undo the seat belt when it was clipped. A record of application for the "lap belt" for this time period was found. Omission of the resident's response was noted.

The resident was hospitalized and returned to the home in July 2012. The Inspector noted that the resident's seat belt was engaged on July 30 and 31/12. The Inspector also observed that the resident was not able to undo the seat belt. An order for a PSAD was found in the physician's order section on July 31/12. Resident # 02 progress notes were reviewed and consent for either a PASD or a restraint post hospitalization was not found. Documentation related to the alternatives considered was also not found.

The home did not ensure that every use of a physical device to restrain a resident under section 31 of the Act is documented and that the following was documented: what alternatives were considered and why those alternatives were inappropriate, The person who made the order, what device was ordered, and any instructions relating to the order, consent and all assessment, reassessment and monitoring, including the resident's response. [O.Reg 79/10, s. 110.(2),(4),(6)]



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WN # 6 The Licensee has failed to comply with O.Reg 79/10, s. 129. Safe storage of drugs

Specifically failed to comply with the following subsections:

- s. 129. (1) Every licensee of a long-term care home shall ensure that,
- (a) drugs are stored in an area or a medication cart,
- (i) that is used exclusively for drugs and drug-related supplies,
- (ii) that is secure and locked,
- (iii) that protects the drugs from heat, light, humidity or other environmental conditions in order to maintain efficacy, and
- (iv) that complies with manufacturer's instructions for the storage of the drugs; and
- (b) controlled substances are stored in a separate, double-locked stationary cupboard in the locked area or stored in a separate locked area within the locked medication cart. O. Reg. 79/10, s. 129 (1).

#### Findings:

1. Resident # 02 was readmitted from hospital on July 30/12. During the Inspector's walk about in the home on July 30/12, the Inspector observed that Tears Plus eye drops, an analgesic ointment and the prescribed cream ordered for resident # 2 were on the resident's bedside table. An order for a medicated cream was found on the transfer doctor notes from Sault Area Hospital however there was no order that the cream could be left at the bedside. The home did not ensure that drugs were stored in a secure and locked area. [O.Reg 79/10, s. 129.(1)(a)(i)]

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WN # 7: The Licensee has failed to comply with O.Reg 79/10, s. 130. Security of drug supply Every licensee of a long-term care home shall ensure that steps are taken to ensure the security of the drug supply, including the following:

- 1. All areas where drugs are stored shall be kept locked at all times, when not in use.
- 2. Access to these areas shall be restricted to,
- i. persons who may dispense, prescribe or administer drugs in the home, and
- ii. the Administrator.
- 3. A monthly audit shall be undertaken of the daily count sheets of controlled substances to determine if there are any discrepancies and that immediate action is taken if any discrepancies are discovered. O. Reg. 79/10, s. 130.

#### Findings:

1. On July 31/12, the Inspector observed that staff # 106 who is not a member of the Registered staff was allowed entry into the medication room, in which drugs are stored, by staff # 102 and left alone so that a review of the nursing/medical supplies which are located in the medication room could be done. Staff # 106 identified to the Inspector that the ordering of nursing/medical supplies is part of a new assignment. The home failed to ensure that access to the drug supply was restricted to persons who may dispense, prescribe or administer drugs in the home. [O.Reg 79/10, s. 130.2.ii]

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Amended on this 4th day of January, 2013

Signature of Inspector(s)/Signature de l'inspecteur ou des inspecteurs	
Lehrenben	