

Inspection Report under the Long-Term Care Homes Act, 2007 Ministère de la Santé et des Soins de longue durée

Rapport d'inspection prévue le Loi de 2007 les fovers de soins de longue

Health System Accountability and Performance Division Performance Improvement and Compliance Branch Division de la responsabilisation et de la performance du système de santé Direction de l'amélioration de la performance et de la conformité

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Date(s) of inspection/Date(s) de l'inspection

Inspection No/ No de l'Inspection

Type of Inspection/Genre d'inspection

May 24, 25, 26, 27, 30, Jun 2, 10, 12, 14, 15, 29, Jul 26, 26, 2011

2011 066107 0002

Follow up

Licensee/Titulaire de permis

GRACE VILLA LIMITED

284 CENTRAL AVENUE, LONDON, ON, N6B-2C8

Long-Term Care Home/Foyer de soins de longue durée

GRACE VILLA NURSING HOME

45 LOCKTON CRESCENT, HAMILTON, ON, L8V-4V5

Name of inspector(s)/Nom de l'inspecteur ou des inspecteurs

MICHELLE WARRENER (107)

Inspection Summary/Résumé de l'Inspection

The purpose of this inspection was to conduct a Follow up inspection.

During the course of the inspection, the inspector(s) spoke with Residents on all three floors, the Administrator, Director of Care, Food Service Managers, Maintenance Manager, and nursing and dietary staff on all three floors.

During the course of the inspection, the inspector(s) Reviewed food production systems and observed meal preparation, observed meal service in dining areas and for residents receiving meals in their rooms, reviewed resident clinical health records, and reviewed relevant policies and procedures.

The purpose of this inspection was to conduct a follow up inspection to orders issued September 7, 2010. Additional areas of non-compliance were identified during this follow up inspection and are included as part of this report.

The following inspection Protocols were used in part or in whole during this inspection: Dining Observation

Food Quality

Skin and Wound Care

Findings of Non-Compliance were found during this inspection.

NON-COMPLIANCE / NON-RESPECT DES EXIGENCES



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WN = Writen Notification VPC = Voluntary Plan of Correction DR = Director Referral CO = Compilance Order WAO = Work and Activity Order Non-compilance with requirements under the Long-Term Care Homes Act; 2007 (LTCHA) was found: (A requirement under the LTCHA includes the requirements contained in the items listed in the definition of "requirement under this Act" in subsection 2(1) of the LTCHA:	Définitions WN — Avis écrit VPC — Plan de redressément volontaire DR — Alguillage au directeur CO — Ordre de conformité WAO = Ordres ; travaux et activités Le non-respect des exigences de la Loi de 2007 sur les foyers de soins de longue durée (LFSLD) a été constaté. (Une exigence de la iol comprend les exigences qui font partie des éléments énumérés dans la définition de « exigence prévue par la présente loi », au paragraphe 2(1) de la LFSLD. Ce qui suit constitue un avis écrit de non-respect aux termes du paragraphe 1 de l'enticle 152 de la LFSLD.
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WN #1: The Licensee has failed to comply with LTCHA, 2007 S.O. 2007, c.8, s. 11. Dietary services and hydration Specifically failed to comply with the following subsections:

s. 11. (1) Every licensee of a long-term care home shall ensure that there is,

(a) an organized program of nutrition care and dietary services for the home to meet the daily nutrition needs of the residents; and

(b) an organized program of hydration for the home to meet the hydration needs of residents. 2007, c. 8, s. 11. (1).

Findings/Faits sayants:

1. An organized program of nutrition care and dietary services for the home was not in place at the breakfast meal May 25, 2011, to meet the daily nutrition needs of the residents of the home. The breakfast meal began 20 minutes late and the last person to receive their cereal was served 35 minutes after the posted meal time of 8:30am. At 8:35 a.m (5 minutes after the posted start time of the meal) more than 23 residents were sitting in the lounge waiting to be taken into the dining room for the breakfast meal - the residents had been sitting outside the dining room in the lounge prior to 7:50a.m when the inspector arrived. At 8:07a.m a resident was calling out that they were hungry. Staff offered the resident a glass of water. An identified resident received their short acting insulin at 8:15 a.m, however, was not served their cereal for more than 40 minutes. The last person to receive their breakfast entree received it at 9:45 a.m (1 hour 15 mins after the posted start of the breakfast meal). Several residents left the dining room prior to the entree being served. Two residents, who left the dining room prior to the entree being served, were interviewed by the Inspector. The residents stated they left the dining room (9:30 a.m) because of the wait and that the meal was now too close to lunch. At 9:20 a.m identified residents were calling out and restless while waiting for the meal to be served.

Additional Required Actions:

CO # - 001 will be served on the licensee. Refer to the "Order(s) of the inspector".

WN #2: The Licensee has falled to comply with LTCHA, 2007 S.O. 2007, c.8, s. 6. Plan of care



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Specifically failed to comply with the following subsections:

- s. 6. (2) The licensee shall ensure that the care set out in the plan of care is based on an assessment of the resident and the needs and preferences of that resident. 2007, c. 8, s. 6 (2).
- s. 6. (7) The licensee shall ensure that the care set out in the plan of care is provided to the resident as specified in the plan. 2007, c. 8, s. 6 (7).
- s. 6. (10) The licensee shall ensure that the resident is reassessed and the plan of care reviewed and revised at least every six months and at any other time when,

(a) a goal in the plan is met;

(b) the resident's care needs change or care set out in the plan is no longer necessary; or

(c) care set out in the plan has not been effective. 2007, c. 8, s. 6 (10).

s. 6. (11) When a resident is reassessed and the plan of care reviewed and revised,

(a) subsections (4) and (5) apply, with necessary modifications, with respect to the reassessment and revision; and

(b) if the plan of care is being revised because care set out in the plan has not been effective, the licensee shall ensure that different approaches are considered in the revision of the plan of care. 2007, c. 8, s. 6 (11).

Findings/Faits savants:



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1, [LTCHA, 2007, S.O. 2007, c.8, s.6(11)(b)]

At a 2011 nutritional assessment, the Registered Dietitian discontinued an identified resident's nutritional supplement due to stated resident refusal of the supplement. Alternative strategies were not considered or implemented in the revision of the plan of care. The resident had a significant weight loss of 7.1% over one month in 2011. Documentation on the Medication Administration Record (MAR) reflects that the resident took the nutritional supplement as prescribed for 21 days one month and refused the supplement on two days the subsequent month. All other days for this month reflect the supplement was consumed.

Alternative strategies were not implemented to replace the calories, protein and nutrients that would have been provided through the nutritional supplement. The resident developed a new open area during this time period.

2. [LTCHA, 2007, S.O. 2007, c.8, s.6(7)]

The care set out in the plan of care for an identified resident was not provided to the resident as specified in the plan in relation to a food and fluid intake record ordered in 2011. The resident was admitted to hospital and received a diagnosis of dehydration. The resident returned to the home the same day and a three day food and fluid intake record was ordered by the Physician. The intake record was not completed as ordered with two days of the record blank.

3. [LTCHA, 2007, S.O. 2007, c.8, s.6(11)(b)]. In 2011 the Registered Dietitlan discontinued two nutritional supplements, for an identified resident, that were initiated for weight loss and open areas on the skin citing resident refusal. Different approaches were not considered in the revision of the plan of care. Alternative strategies were not initiated to prevent further weight loss and to promote wound healing. The resident had a 23% weight loss over and eight month period. The resident's wound has increased in size and stage.

4. [LTCHA, 2007, S.O. 2007, c.8, s.6(10)(b)]

The goals outlined in the plan of care for an identified resident were not revised when their care needs changed. The plan of care directs staff to feed the resident most of their meal and to provide ++ encouragement and supervision when the resident feeds themselves small parts of the meal at times. The goal related to eating ability states to maintain the ability to feed themselves with supervision only. The resident did not receive the required level of assistance with their cereal at the breakfast meal May 25, 2011 and did not consume the cereal.

5. [LTCHA, 2007, S.O. 2007, c.8, s.6(2)]

The licensee did not ensure that the plans of care for numerous residents were based on an assessment of the resident and the needs and preferences of those residents. The dining room serving list, which directs staff in the provision of items for each resident, contains interventions that are not consistent with the resident's documented preferences:

Four identified residents do not consume milk, however, their plans direct staff to provide milk at each meal Two identified residents do not consume eggs, however, their plans directs staff to encourage eggs.

An identified resident's plan directs staff to provide finger foods and then also directs staff to provide total assistance with feeding with all aspects of eating.

The Nutrition Manager confirms that standard statements are applied for certain disease conditions and interventions applied to the serving list are not individualized for the specific preferences of each resident.

6. [LTCHA, 2007, S.O. 2007, c.8, s.6(10)(c)]

The Registered Dietitian did not re-assess the nutritional needs of an identified resident after interventions in the plan of care were not effective to attain the documented goal for weight maintenance within the resident's goal weight range. The resident has been below their goal weight range for over two years. At the nutritional assessment in 2011 the Registered Dietitian noted low nutritionally relevant laboratory values, however, strategies on the plan of care were not revised. The resident's wounds were documented as deteriorating over two months. At the nutritional assessment, the resident was documented as having a 6% weight decline in one year with a 3% weight loss in one month. The resident had a reduction in food intake at the supper meal, however, the plan of care was not revised to address the decreased intake.

7. [LTCHA, 2007, S.O. 2007, c.8, s.6(10)(c)]

The licensee did not ensure that an identified resident was reassessed and their plan of care reviewed and revised when the care set out in the plan was not effective. A plan for special milk at meals was initiated, however, the resident does not consume milk at meals (verified through staff Interview, resident observation at a lunch meal, and food and fluid intake



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records).

8. [LTCHA, 2007, S.O. 2007, c.8, s.6(2)]

The licensee did not ensure that the care set out in the plan of care was based on an assessment of an identified resident and the needs and preferences of the resident. The diet list used in the dining room to direct staff in the provision of meals states an identified resident is not to be served milk, however, the nutritional plan of care directs staff to provide milk at all meals daily. Staff interviewed confirm the resident does not drink milk at meals. According to food and fluid intake documentation, the resident has not consumed milk at meals.

9. [LTCHA, 2007, S.O. 2007, c.8, s.6(11)(b)]

An identified resident was re-assessed by the Registered Dietitian in 2011 related to the resident refusing a prescribed nutritional supplement. The nutritional supplement was discontinued, however, alternative approaches were not considered or implemented to replace the protein and nutrients being provided by the discontinued supplement. The resident is below their goal weight range and the plan of care identifies a goal of weight maintenance within their goal weight range. At the follow up nutritional assessment, the Registered Dietitian noted low nutritionally relevant laboratory values. Alternative strategies were not considered to replace the discontinued supplement. Alternative strategies were also not considered at the follow up reviews in 2011, despite weight loss, a reduction in nutritional intake and deteriorating wounds.

10. [LTCHA, 2007, S.O. 2007, c.8, s.6(7)]

At the lunch meal May 24, 2001, the licensee did not ensure that the care set out in the plan of care was provided to residents as specified in their plans for six identified residents. Residents received foods that were listed as dislikes/foods to avoid (residents not able to voice meal preferences), and the residents did not receive special dietary interventions/instructions for care as listed on their plan of care.

At the breakfast meal May 25, 2001, the licensee did not ensure that the care set out in the plan of care was provided to residents as specified in their plans for seven identified residents. The residents did not receive special nutritional interventions for constipation and interventions listed on their plans of care.

Additional Required Actions:

VPC - pursuant to the Long-Term Care Homes Act, 2007, S.O. 2007, c.8, s.152(2) the licensee is hereby requested to prepare a written plan of correction for achieving compilance with ensuring that the care set out in the plan of care is based on an assessment of the resident and the needs and preferences of that resident, to be implemented voluntarily.

CO # - 002, 003, 004 will be served on the licensee. Refer to the "Order(s) of the Inspector".

WN #3: The Licensee has falled to comply with O.Reg 79/10, s. 69. Weight changes
Every licensee of a long-term care home shall ensure that residents with the following weight changes are assessed using an interdisciplinary approach, and that actions are taken and outcomes are evaluated:

- 1. A change of 5 per cent of body weight, or more, over one month.
- 2. A change of 7.5 per cent of body weight, or more, over three months.
- 3. A change of 10 per cent of body weight, or more, over 6 months.
- 4. Any other weight change that compromises the resident's health status. O. Reg. 79/10, s. 69.

Findings/Falts sayants:



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1. The licensee did not ensure that significant weight changes for an identified resident were assessed with actions taken and outcomes evaluated:

A 10.6% significant weight loss over 3 months was documented, however, the plan of care was not revised to include strategies to address the weight loss. The Registered Dietitian's plan was to continue with the current plan of care. Interventions and goals on the plan of care were not revised. The resident had a goal for weight maintenance within the resident's goal weight range, however, the resident had been below the goal weight range for numerous months. The resident had an 8.6% significant weight loss in one month and the Registered Dietitian discontinued the resident's nutritional supplement after the significant weight loss was recorded. Strategies to prevent further weight loss were not implemented. The resident has an open area, recent history of dehydration and a 23% significant weight loss over eight months.

Additional Required Actions:

CO # - 005 will be served on the licensee. Refer to the "Order(s) of the Inspector".

WN #4: The Licensee has failed to comply with O.Reg 79/10, s. 72. Food production Specifically failed to comply with the following subsections:

s. 72. (2) The food production system must, at a minimum, provide for,

(a) a 24-hour supply of perishable and a three-day supply of non-perishable foods;

(b) a three-day supply of nutritional supplements, enteral or parenteral formulas as applicable;

(c) standardized recipes and production sheets for all menus;

(d) preparation of all menu items according to the planned menu;

(e) menu substitutions that are comparable to the planned menu;

(f) communication to residents and staff of any menu substitutions; and

(g) documentation on the production sheet of any menu substitutions. O. Reg. 79/10, s. 72 (2).

s. 72. (3) The licensee shall ensure that all food and fluids in the food production system are prepared, stored, and served using methods to,

(a) preserve taste, nutritive value, appearance and food quality; and

(b) prevent adulteration, contamination and food borne Iliness. O. Reg. 79/10, s. 72 (3).

Findings/Faits sayants:



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1. [O.Reg. 79/10, s.72(3)(a)]

Not all pureed foods were prepared and served using methods which preserve taste, nutritive value, appearance and food quality at the breakfast meal May 25, 2011. Residents receiving the pureed texture menu did not receive the same level of quality as residents receiving the regular texture menu. Pureed pancakes and pureed toast were pureed together with pancake syrup and served to residents. Residents receiving the regular texture menu were served the items separately, with appropriate condiments being offered for the toast. The portion size was not adjusted when the pancakes and toast were combined, resulting in reduced portion size being served to residents and reduced nutritive value.

2. [O.Reg. 79/10, s,72(2)(c)]

Standardized recipes were not in place to ensure the consistent preparation of breakfast items.

A recipe for pureed bacon was not in place to direct staff in the preparation of the item. The cook prepared leftover sausage as a substitute for pureed bacon, which is contrary to the Home's policy and procedure (Left over policy). The cook confirmed that a recipe was not available.

A recipe was not in place for pureed pancakes or pureed toast. The cook combined the toast and pancakes together when pureeing the products, resulting in altered quality, taste and nutritive value. Staff preparing the items confirmed a recipe was not available for reference.

A recipe for furkey salad sandwiches was available, however, it did not provide clear direction to staff preparing the item. Direction related to portioning was not included, resulting in reduced nutritive value being served to residents. Staff making the sandwiches used a #20 scoop (1oz) for the filling, however, a larger portion was required to ensure protein requirements would be provided.

3. [O.Reg. 79/10, s.72(3)(b)]

Not all foods for the breakfast meal May 25, 2011 were prepared and served using methods which prevent contamination and food borne illness.

The menu stated pureed peameal bacon to be prepared and served at the breakfast meal, however, pureed sausage was prepared. May 25, 2011 - 12:05 the breakfast cook confirmed that they used leftover sausages from the day prior lunch as a substitute for the pureed peameal bacon. The Home's policy and procedure "Left over Handling - E-16" states that leftovers will not be used for minced and pureed textured diets.

Additional Required Actions:

CO # - 006, 007 will be served on the licensee. Refer to the "Order(s) of the inspector".

WN #5: The Licensee has failed to comply with O.Reg 79/10, s. 73. Dining and snack service Specifically failed to comply with the following subsections:

- s. 73. (1) Every licensee of a long-term care home shall ensure that the home has a dining and snack service that includes, at a minimum, the following elements:
- 1. Communication of the seven-day and daily menus to residents.
- 2. Review, subject to compliance with subsection 71 (6), of meal and snack times by the Residents' Council.
- 3. Meal service in a congregate dining setting unless a resident's assessed needs indicate otherwise.
- 4. Monitoring of all residents during meals.
- 5. A process to ensure that food service workers and other staff assisting residents are aware of the residents' diets, special needs and preferences.
- 6. Food and fluids being served at a temperature that is both safe and palatable to the residents.
- 7. Sufficient time for every resident to eat at his or her own pace.
- 8. Course by course service of meals for each resident, unless otherwise indicated by the resident or by the resident's assessed needs.
- 9. Providing residents with any eating aids, assistive devices, personal assistance and encouragement required to safely eat and drink as comfortably and independently as possible.
- 10. Proper techniques to assist residents with eating, including safe positioning of residents who require assistance.
- 11. Appropriate furnishings and equipment in resident dining areas, including comfortable dining room chairs and dining room tables at an appropriate height to meet the needs of all residents and appropriate seating for staff who are assisting residents to eat. O. Reg. 79/10, s. 73 (1).



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Findings/Falts sayants:

1, [O.Reg. 79/10, s.73(1)11]

Appropriate furnishings, including appropriate seating for staff that are assisting residents to eat, were not available at the lunch meal May 24, 2011 in the second floor dining room. Seating provided was not of an appropriate height to feed residents resulting in poor feeding technique. Personal Support Worker staff interviewed confirmed some of the chairs provided for staff in the dining room were not of an appropriate height to feed residents comfortably.

Adjustable stools were ordered for the home May 21, and delivered May 27, 2011, however, a sufficient quantity was not available in the dining room on June 2, 2011.

2. [O.Reg. 79/10, s.73(1)10]

At the lunch meal May 24, 2011, proper techniques were not used to assist residents with eating: Staff assisting two identified residents with eating were scraping their mouths with the spoon and beverage glass, creating a risk of damage or irritation of sensitive skin around the mouth.

3, [O.Reg. 79/10, s.73(1)9]

At the lunch meal May 24, 2011, the following residents were not provided with eating aids, assistive devices and personal assistance and encouragement required to safely eat and drink as comfortably and Independently as possible: The dining room diet list directs staff to provide a lip plate with meals for two identified residents, however, the residents received a regular plate.

The dining room diet list directs staff to provide total assistance with eating for an identified resident, however, staff did not provide assistance with the meal. The resident sat in-front of their entree and dessert without eating. The items were removed

from the table without being consumed.

The dining room diet list directs staff to provide ++ encouragement at meals for an identified resident. The resident did not receive encouragement with the meal and ate 1/4 of their sandwich and left the dining room prior to dessert being offered. The dining room diet list states to provide constant ++ encouragement for an identified resident, however, staff were not seated at the table and encouragement was not provided until the end of the meal service. The resident did not consume all of their fluids and encouragement to consume the fluids was not provided prior to the resident being removed from the table The dining room diet list directs staff to provide ++ encouragement with meals for an identified resident, however, the resident did not receive encouragement during the meal.

At the breakfast meal May 25, 2011, not all residents were provided with eating aids, assistive devices and personal assistance and encouragement required to safely eat and drink as comfortably and independently as possible. Two identified residents did not receive their required assistive devices and two identified residents did not receive the level of assistance required for eating.

Additional Required Actions:

VPC - pursuant to the Long-Term Care Homes Act, 2007, S.O. 2007, c.8, s.152(2) the licensee is hereby requested to prepare a written plan of correction for achieving compliance with ensuring proper techniques to assist residents with eating, including safe positioning of residents who require assistance, to be implemented voluntarily.

CO # - 008 will be served on the licensee. Refer to the "Order(s) of the inspector".

WN #6: The Licensee has failed to comply with O.Reg 79/10, s. 26. Plan of care Specifically failed to comply with the following subsections:

s. 26. (4) The licensee shall ensure that a registered dietitian who is a member of the staff of the home,
(a) completes a nutritional assessment for all residents on admission and whenever there is a significant change in a resident's health condition; and

(b) assesses the matters referred to in paragraphs 13 and 14 of subsection (3). O. Reg. 79/10, s. 26 (4).

Findings/Falts sayants:



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1. [O.Reg. 79/10, s.26(4)(b)]

The Registered Dietitian did not assess the reduction in nutritional intake at meals at two nutritional assessments of an identified resident. The resident was documented as consuming 77.5% of meals poorly/refused, however, this was not assessed in relation to the resident's nutritional supplements and nutritional requirements. The resident's intake had decreased by 16% over a two month period and the resident experienced a 6.8% weight decrease over the same time period.

2. [O.Reg. 79/10, s.26(4)(b)]

The Registered Dietitian did not assess the hydration status and any risk relating to hydration for an identified resident at several nutritional assessments. The resident was documented as having signs and symptoms of dehydration (skin tenting) and was sent to hospital and received a diagnosis of dehydration. At the nutritional review an assessment of the resident's hydration was not completed. The resident's average fluid intake did not meet their hydration requirements (as per the food and fluid intake documentation records) for three consecutive months in 2011, with a steady decline in fluid intake over each of these months.

An assessment of the decreasing hydration was not completed with interventions to address the poor hydration. The resident has lost a significant amount (23%) of their body weight over eight months.

At the nutrition assessment related to poor skin integrity, an assessment of the resident's poor hydration was not completed.

Additional Required Actions:

CO # - 009 will be served on the licensee. Refer to the "Order(s) of the Inspector".

WN #7: The Licensee has falled to comply with O.Reg 79/10, s. 50. Skin and wound care Specifically failed to comply with the following subsections:

s. 50. (2) Every licensee of a long-term care home shall ensure that,

(a) a resident at risk of altered skin integrity receives a skin assessment by a member of the registered nursing staff, (i) within 24 hours of the resident's admission.

(ii) upon any return of the resident from hospital, and

(III) upon any return of the resident from an absence of greater than 24 hours:

- (b) a resident exhibiting altered skin integrity, including skin breakdown, pressure ulcers, skin tears or wounds, (I) receives a skin assessment by a member of the registered nursing staff, using a clinically appropriate assessment instrument that is specifically designed for skin and wound assessment,
- (ii) receives immediate treatment and interventions to reduce or relieve pain, promote healing, and prevent infection,
- (iii) is assessed by a registered dietitian who is a member of the staff of the home, and any changes made to the resident's plan of care relating to nutrition and hydration are implemented, and

(iv) is reassessed at least weekly by a member of the registered nursing staff, if clinically indicated:

- (c) the equipment, supplies, devices and positioning aids referred to in subsection (1) are readily available at the home as required to relieve pressure, treat pressure ulcers, skin tears or wounds and promote healing; and
- (d) any resident who is dependent on staff for repositioning is repositioned every two hours or more frequently as required depending upon the resident's condition and tolerance of tissue load, except that a resident shall only be repositioned while asleep if clinically indicated. O. Reg. 79/10, s. 50 (2).

Findings/Faits savants:



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1. [O.Reg. 79/10, s.50(2)(b)(iv)]

An Identified resident had an open area and skin tear, however, the resident did not have their skin reassessed at least weekly by a member of the registered nursing staff. Documentation does not include weekly assessments of the wound by registered nursing staff. Registered nursing staff interviewed were unable to locate evidence that the resident had their wound assessed at least weekly by a member of the registered nursing staff for two months in 2011.

2. IO.Reg. 79/10, s.50(2)(c)]

Supplies were not available as required to treat pressure ulcers and promote healing for an identified resident. The resident's wound treatment was unavailable and a substitution was made. Registered staff interviewed confirmed that the correct supplies were unavailable for the wound treatment and a different dressing was substituted. The wound has worsened.

3. [O.Reg. 79/10, s.50(2)(b)(iv)]

An identified resident has not been reassessed at least weekly by a member of the registered nursing staff in relation to an open area on the resident's skin. Weekly assessments of the wound were not being completed. Assessments were not completed for 9/16 weeks. The wound has increased in size and has been deteriorating.

Also, weekly assessments of an additional open area have not consistently been completed.

Additional Required Actions:

VPC - pursuant to the Long-Term Care Homes Act, 2007, S.O. 2007, c.8, s.152(2) the licensee is hereby requested to prepare a written plan of correction for achieving compliance with ensuring the equipment, supplies, devices and positioning aids referred to in subsection (1) are readily available at the home as required to relieve pressure, treat pressure ulcers, skin tears or wounds and promote healing, , to be implemented voluntarily.

CO # - 010 will be served on the licensee. Refer to the "Order(s) of the Inspector".

WN #8: The Licensee has falled to comply with LTCHA, 2007 S.O. 2007, c.8, s. 15. Accommodation services Specifically failed to comply with the following subsections:

s. 15. (2) Every licensee of a long-term care home shall ensure that,

(a) the home, furnishings and equipment are kept clean and sanitary;

(b) each resident's linen and personal clothing is collected, sorted, cleaned and delivered; and

(c) the home, furnishings and equipment are maintained in a safe condition and in a good state of repair. 2007, c. 8, s. 15 (2).

Findings/Faits sayants:

1. ILTCHA, 2007, S.O. 2007, c.8, s.15(2)(a)]

The dining room furnishings were not kept clean and sanitary. Feeding stools, dining room chairs, and dining tables were not kept clean and were heavily soiled with dried on food debris and stains. The stools, chairs and tables were observed to be soiled in the 2nd floor dining room at the beginning of the lunch meal May 24, 2011 and at 16:23 on June 2, 2011.

Additional Regulred Actions:

VPC - pursuant to the Long-Term Care Homes Act, 2007, S.O. 2007, c.8, s.152(2) the licensee is hereby requested to prepare a written plan of correction for achieving compliance with ensuring that the home, furnishings and equipment are kept clean and sanitary, to be implemented voluntarily.

WN #9: The Licensee has falled to comply with O.Reg 79/10, s. 68. Nutrition care and hydration programs



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Specifically falled to comply with the following subsections:

s. 68. (2) Every licensee of a long-term care home shall ensure that the programs include,

(a) the development and implementation, in consultation with a registered dietitian who is a member of the staff of the home, of policies and procedures relating to nutrition care and dietary services and hydration;

(b) the identification of any risks related to nutrition care and dietary services and hydration;

(c) the implementation of interventions to mitigate and manage those risks;

- (d) a system to monitor and evaluate the food and fluid intake of residents with identified risks related to nutrition and hydration; and
- (e) a weight monitoring system to measure and record with respect to each resident,

(i) weight on admission and monthly thereafter, and

(ii) body mass index and height upon admission and annually thereafter. O. Reg. 79/10, s. 68 (2).

Findings/Faits sayants:

1. [O.Reg. 79/10, s.68(2)(d)]

The home's system to monitor and evaluate the food and fluid intake of residents did not monitor and allow for the evaluation of risks related to nutrition and hydration for an identified resident during a one month period in 2011. The resident's 'care flow sheet PSW documentation' record for meal consumption was not completed for 12 meals in one month in 2011. The resident is identified as high nutrition risk.

Additional Required Actions:

VPC - pursuant to the Long-Term Care Homes Act, 2007, S.O. 2007, c.8, s.152(2) the licensee is hereby requested to prepare a written plan of correction for achieving compliance with ensuring that the nutrition care and hydration programs include a system to monitor and evaluate the food and fluid intake of residents with identified risks related to nutrition and hydration, to be implemented voluntarily.

WN #10: The Licensee has falled to comply with O.Reg 79/10, s. 71. Menu planning Specifically falled to comply with the following subsections:

s. 71. (4) The licensee shall ensure that the planned menu items are offered and available at each meal and snack. O. Reg. 79/10, s. 71 (4).

Findings/Faits sayants:

1. The licensee did not ensure that the planned menu items were offered to residents at the breakfast and lunch meals May 25, 2011. Planned portion size for menu items was not followed by staff portioning meals: Planned portion of oatmeal is 250ml - 180ml served; planned portion of pureed oatmeal is 350ml - 180ml served; planned portion of minced bacon is #16 scoop - #10 scoop pureed

portion of minced bacon is #16 scoop - #10 scoop served; planned portion of pureed bacon is #16 scoop - #10 scoop pureed sausage served; planned portion of pureed turkey salad sandwich is #10 scoop - 2oz portion served; planned portion of pureed macaroni salad is #10 scoop - 2oz portion served; planned portion of pureed bread is #16 scoop - #12 scoop used; planned portion of minced perogy with cheese is 125mi - #10 scoop served; the planned portion of filling for the turkey salad sandwich was not followed - a 1 oz portion was prepared which would not ensure the minimum servings of protein were offered to residents during the day.

2. At the lunch meal May 24, 2011, an alternative dessert was not available for an identified resident who requires a specialized menu. Staff interviewed confirmed that an alternative dessert was not available for the resident.

Additional Required Actions:

VPC - pursuant to the Long-Term Care Homes Act, 2007, S.O. 2007, c.8, s.152(2) the licensee is hereby requested to prepare a written plan of correction for achieving compliance with ensuring that the planned menu items are offered and available at each meal and snack, to be implemented voluntarily.

WN #11: The Licensee has falled to comply with O.Reg 79/10, s. 8. Policies, etc., to be followed, and records



Inspection Report under the Long-Term Care Homes Act, 2007 Ministère de la Santé et des Soins de longue durée

Rapport d'inspection prévue le Loi de 2007 les foyers de soins de longue

Specifically falled to comply with the following subsections:

s. 8. (1) Where the Act or this Regulation requires the licensee of a long-term care home to have, institute or otherwise put in place any plan, policy, protocol, procedure, strategy or system, the licensee is required to ensure that the plan, policy, protocol, procedure, strategy or system,

(a) is in compliance with and is implemented in accordance with applicable requirements under the Act; and

(b) is complied with. O. Reg. 79/10, s. 8 (1).

Findings/Falts sayants:

1. The home's policies and procedures related to nutritional care, hydration, and dietary services have not been revised to comply with all applicable requirements under the Act and have not been revised to comply with procedures, strategies, and systems the home is currently using. Some examples:

Many of the home's policies have not been revised since 2003.

The home's policy related to menu planning has not been revised to reflect the requirements of the LTCHA, 2007 in relation to Dietary Reference Intakes and revised Canada's Food Guide requirements (policy refers to menu planning requirements of 2003).

The home's policy related to nutritional assessment does not reflect the computerized systems being used in the home. The home is now using Point Click Care and RAI-MDS assessments, however, the policy reflects prior assessment forms and was updated November 2003.

2. The Home's policy 'Skin Integrity - Best Practices - Assessment and Management of Stage I-IV Ulcers' is not consistently complied with by staff providing care to residents of the home. The policy refers to a wound care team, however, staff confirm a wound care team is not currently in place. The policy states that re-assessments of pressure ulcers should be conducted on a weekly basis to determine the effectiveness of the treatment plan, however, an identified resident did not have their wounds assessed weekly.

The policy is not consistent with all applicable requirements under the Act and does not reflect that consultation with the Dietilian is required for residents exhibiting altered skin integrity, including skin breakdown, pressure ulcers, skin tears or

wounds. The policy is dated August 2008.

Additional Required Actions:

VPC - pursuant to the Long-Term Care Homes Act, 2007, S.O. 2007, c.8, s.152(2) the licensee is hereby requested to prepare a written plan of correction for achieving compliance with ensuring that where the Act or this Regulation requires the licensee of a long-term care home to have, institute or otherwise put in place any plan, policy, protocol, procedure, strategy or system, the licensee is required to ensure that the plan, policy, protocol, procedure, strategy, or system is compiled with, to be implemented voluntarily.

WN #12: The Licensee has falled to comply with O.Reg 79/10, s. 30. General requirements Specifically falled to comply with the following subsections:

s. 30. (2) The licensee shall ensure that any actions taken with respect to a resident under a program, including assessments, reassessments, interventions and the resident's responses to interventions are documented. O. Reg. 79/10, s. 30 (2).

Findings/Faits sayants:

1. The nursing and personal support services program does not consistently include documentation of the interventions and treatments provided to an identified resident for skin and wound management. Treatments are not documented as being completed on the Treatment Administration Record (TAR) for two days in one month in 2011 for two identified open areas. The resider has a physician order for daily treatment to the open areas. Staff confirmed the treatments were completed, however, were not documented for the identified dates.

Weekly skin assessments are also not documented as completed for the same dates (as per the computerized TAR). Staff

confirmed the TARS documentation was not completed as required.



Inspection Report under the Long-Term Care Homes Act, 2007 Ministère de la Santé et des Soins de longue durée

Rapport d'Inspection prévue le Loi de 2007 les foyers de soins de longue

Additional Required Actions:

VPC - pursuant to the Long-Term Care Homes Act, 2007, S.O. 2007, c.8, s.152(2) the licensee is hereby requested to prepare a written plan of correction for achieving compliance with ensuring that any actions taken with respect to a resident under a program, including assessments, reassessments, interventions and the resident's responses to interventions are documented, to be implemented voluntarily.

WN #13: The Licensee has failed to comply with O.Reg 79/10, s. 44. Every licensee of a long-term care home shall ensure that supplies, equipment and devices are readily available at the home to meet the nursing and personal care needs of residents. O. Reg. 79/10, s. 44.

Findings/Faits sayants:

1. Catheter supplies were not available and the scheduled catheter change for an identified resident was delayed by two days. Registered staff interviewed confirmed that at times they do not have catheter trays and that the supplies were not available for the catheter change.

Issued on this 22nd day of August, 2011

Signature of Inspector(s)/Signature de l'Inspecteur ou des inspecteurs



Order(s) of the Inspector

Pursuant to section 153 and/or section 154 of the Long-Term Care Homes Act, 2007, S.O. 2007, c.8

Ministère de la Santé et des Soins de longue durée

Ordre(s) de l'inspecteur

Aux termes de l'article 153 et/ou de l'article 154 de la Loi de 2007 sur les foyers de soins de longue durée, L.O. 2007, chap. 8

Health System Accountability and Performance Division Performance Improvement and Compliance Branch

Division de la responsabilisation et de la performance du système de santé Direction de l'amélioration de la performance et de la conformité

Public Copy/Copie du public

Name of Inspector (ID #) /

Nom de l'inspecteur (No) :

MICHELLE WARRENER (107)

Inspection No. /

No de l'inspection :

2011_066107_0002

Type of Inspection /

Genre d'inspection:

Follow up

Date of Inspection /

Date de l'inspection :

May 24, 25, 26, 27, 30, Jun 2, 10, 12, 14, 15, 29, Jul 25, 26, 2011

Licensee /

Titulaire de permis :

GRACE VILLA LIMITED

284 CENTRAL AVENUE, LONDON, ON, N6B-2C8

LTC Home / Foyer de SLD:

GRACE VILLA NURSING HOME

45 LOCKTON CRESCENT, HAMILTON, ON, L8V-4V5

Name of Administrator / Nom de l'administratrice

ou de l'administrateur :

WENDY HALL

To GRACE VILLA LIMITED, you are hereby required to comply with the following order(s) by the date(s) set out below:



Order(s) of the Inspector

Pursuant to section 153 and/or section 154 of the Long-Term Care Homes Act, 2007, S.O. 2007, c.8

Ministère de la Santé et des Soins de longue durée

Ordre(s) de l'inspecteur

Aux termes de l'article 153 et/ou de l'article 154 de la Loi de 2007 sur les foyers de soins de longue durée, L.O. 2007, chap. 8

Order#/ Ordre no:

001

Order Type /

Genre d'ordre :

Compliance Orders, s. 153. (1) (a)

Pursuant to / Aux termes de :

LTCHA, 2007 S.O. 2007, c.8,

s. 11. (1) Every licensee of a long-term care home shall ensure that there is.

- (a) an organized program of nutrition care and dietary services for the home to meet the daily nutrition needs of
- (b) an organized program of hydration for the home to meet the hydration needs of residents. 2007, c. 8, s. 11. (1).

Order / Ordre:

The licensee shall ensure there is an organized program of nutrition care and dietary services for the home to meet the daily nutrition needs of the residents. The licensee must ensure:

- a) residents are in the dining room on time to allow the breakfast meal to begin at the posted meal time
- b) residents are involved in planning the timing of meal service
- c) diet list/seating information is current and provides clear direction to staff serving in the dining room
- d) staffing/job routines are assessed and evaluated for efficiencies and effectiveness

Grounds / Motifs:

1. An organized program of nutrition care and dietary services for the home was not in place at the breakfast meal May 25, 2011, to meet the daily nutrition needs of the residents on third floor of the home. The breakfast meal began 20 minutes late. At 8:35 a.m (5 minutes after the posted start time of the meal) more than 23 residents were sitting in the lounge waiting to be taken into the dining room for the breakfast meal - the residents had been sitting outside the dining room in the lounge prior to 7:50a,m when the Inspector arrived. The last person to receive their breakfast entree received it at 9:45 a.m (1 hour 15 mins after the posted start of the breakfast meal). Several residents left the dining room prior to the entree being served. Two of those residents were interviewed by the Inspector and identified the wait time as the reason for leaving the dining room. (107)

This order must be complied with by /

Vous devez vous conformer à cet ordre d'ici le :

Sep 23, 2011



Order(s) of the Inspector

Pursuant to section 153 and/or section 154 of the Long-Term Care Homes Act, 2007, S.O. 2007, c.8

Order Type /

Compliance Orders, s. 153. (1) (a)

Ministère de la Santé et

Ordre(s) de l'inspecteur

Aux termes de l'article 153 et/ou

de l'article 154 de la Loi de 2007 sur les foyers

de soins de longue durée, L.O. 2007, chap. 8

des Soins de longue durée

Order#/ Genre d'ordre : Ordre no:

Pursuant to / Aux termes de :

002

LTCHA, 2007 S.O. 2007, c.8, s. 6. (10) The licensee shall ensure that the resident is reassessed and the plan of care reviewed and revised at least every six months and at any other time when,

- (a) a goal in the plan is met;
- (b) the resident's care needs change or care set out in the plan is no longer necessary; or
- (c) care set out in the plan has not been effective. 2007, c. 8, s. 6 (10).

Order / Ordre:

The licensee shall ensure that all residents of the home:

- a) are assessed by the Registered Dietitian when their care needs change;
- b) have their plans of care, including nutritional strategies, evaluated for effectiveness; and
- c) have their plan of care revised when the strategies are not effective

This includes two identified residents.

Grounds / Motifs:

- 1. On two separate occasions, the licensee did not ensure that an identified resident was reassessed and their plan of care reviewed and revised when the care set out in the plan was not effective to meet the resident's nutritional care needs in relation to the goal for weight maintenance and the initiation of homogenized milk, which the resident does not consume. (107)
- 2. The goals outlined in the plan of care for an identified resident were not revised when their care needs changed in relation to the level of assistance required for eating. The resident did not receive the required level of assistance with their cereal at the breakfast meal May 25, 2011 and did not consume the cereal. (107)

This order must be complied with by /

Vous devez vous conformer à cet ordre d'ici le : Sep 23, 2011



Order(s) of the Inspector

Pursuant to section 153 and/or section 154 of the *Long-Term Care Homes Act, 2007*, S.O. 2007, c.8

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Ministère de la Santé et des Soins de longue durée

Ordre(s) de l'inspecteur

Aux termes de l'article 153 et/ou de l'article 154 de la Loi de 2007 sur les foyers de soins de longue durée, L.O. 2007, chap. 8

Order#/ Ordre no:

003

Order Type / Genre d'ordre :

Compliance Orders, s. 153. (1) (a)

Pursuant to / Aux termes de :

LTCHA, 2007 S.O. 2007, c.8, s. 6. (11) When a resident is reassessed and the plan of care reviewed and revised,

- (a) subsections (4) and (5) apply, with necessary modifications, with respect to the reassessment and revision; and
- (b) if the plan of care is being revised because care set out in the plan has not been effective, the licensee shall ensure that different approaches are considered in the revision of the plan of care. 2007, c. 8, s. 6 (11).

Order / Ordre:

The licensee shall ensure that all residents who require revision to their plans of care because care set out in the plan has not been effective, shall have different approaches considered when nutritional interventions are not effective. This includes the three identified residents.

Grounds / Motifs:

1. Three identified residents had their nutritional supplements discontinued by the Registered Dietitian, however, alternative approaches were not considered or implemented to meet the nutritional needs of these residents.

One of the identified residents was below their goal weight range, had abnormal nutritionally relevant laboratory values, deteriorating wounds, and a decline in nutritional intake at the supper meal, and two of the identified residents had a significant weight loss and deteriorating skin integrity. (107)

2. The Registered Dietitian discontinued two nutritional supplements that were initiated for an identified resident for the management of weight loss and open areas on the skin, however, different approaches were not considered in the revision of the plan of care. Alternative strategies were not initiated to prevent further weight loss and to promote wound healing. The resident has had a 23% weight loss in an eight month period. The resident's wound has increased in size and stage. (107)

This order must be complied with by /

Vous devez vous conformer à cet ordre d'ici le :

Sep 05, 2011



Order(s) of the Inspector

Pursuant to section 153 and/or section 154 of the *Long-Term Care Homes Act*, 2007, S.O. 2007, c.8

Ordre(s) de l'inspecteur

Ministère de la Santé et

des Soins de longue durée

Aux termes de l'article 153 et/ou de l'article 154 de la Loi de 2007 sur les foyers de soins de longue durée, L.O. 2007, chap. 8

Order # / Ordre no :

004

Order Type / Genre d'ordre :

e :

Compliance Orders, s. 153. (1) (a)

Pursuant to / Aux termes de :

LTCHA, 2007 S.O. 2007, c.8, s. 6. (7) The licensee shall ensure that the care set out in the plan of care is provided to the resident as specified in the plan. 2007, c. 8, s. 6 (7).

Order / Ordre:

The licensee shall ensure that the care set out in the plan of care in relation to food and fluid monitoring, meal service, and resident preferences are provided to all residents of the home as specified in their plans of care. This includes the identified residents.

Grounds / Motifs:

1. At the lunch meal May 24, 2001, the licensee did not ensure that the care set out in the plan of care was provided to six residents as specified in their plans of care.

At the breakfast meal May 25, 2001, the licensee did not ensure that the care set out in the plan of care was provided to five residents as specified in their plans of care. (107)

2. The care set out in the plan of care for an identified resident was not provided to the resident as specified in the plan in relation to a order for a food and fluid intake record. The intake record was not completed as ordered. Incomplete documentation does not allow for the evaluation of the nutrition and hydration intake of this resident. (107)

This order must be complied with by /

Vous devez vous conformer à cet ordre d'ici le :

Sep 05, 2011



Order(s) of the Inspector

Pursuant to section 153 and/or section 154 of the Long-Term Care Homes Act, 2007, S.O. 2007, c.8

Ministère de la Santé et des Soins de longue durée

Ordre(s) de l'inspecteur

Aux termes de l'article 153 et/ou de l'article 154 de la Loi de 2007 sur les foyers de soins de longue durée, L.O. 2007, chap. 8

Order#/ Ordre no:

005

Order Type / Genre d'ordre :

Compliance Orders, s. 153. (1) (a)

Pursuant to / Aux termes de :

O.Reg 79/10, s. 69. Every licensee of a long-term care home shall ensure that residents with the following weight changes are assessed using an interdisciplinary approach, and that actions are taken and outcomes are evaluated:

- 1. A change of 5 per cent of body weight, or more, over one month.
- 2. A change of 7.5 per cent of body weight, or more, over three months.
- 3. A change of 10 per cent of body weight, or more, over 6 months.
- 4. Any other weight change that compromises the resident's health status, O. Reg. 79/10, s. 69.

Order / Ordre:

The licensee shall ensure that all residents experiencing a significant or unplanned weight change, including the identified resident have the weight change assessed, with actions taken and outcomes evaluated.

Grounds / Motifs:

1. The licensee did not ensure that significant weight changes for an identified resident were assessed with actions taken and outcomes evaluated:

A 10.6% significant weight loss over a three months period was documented, however, the plan of care was not revised to include strategies to address the weight loss. The Registered Dietitians plan was to continue with the current plan of care. Interventions and goals on the plan of care were not revised.

The resident had a goal for weight maintenance within their goal weight range, however, the resident had been below their goal weight range for eight months.

The identified resident had an 8.6% significant weight loss in one month, however, nutritional supplements were discontinued due to resident refusal, without the implementation of alternative strategies to prevent further weight loss. The resident has an open area, recent history of dehydration and a 23% significant weight loss over 8 months. (107)

This order must be complied with by /

Vous devez vous conformer à cet ordre d'ici le :

Sep 23, 2011



Order(s) of the Inspector

Pursuant to section 153 and/or section 154 of the Long-Term Care Homes Act, 2007, S.O. 2007, c.8

Ministère de la Santé et des Soins de longue durée

Ordre(s) de l'inspecteur

Aux termes de l'article 153 et/ou de l'article 154 de la Loi de 2007 sur les fovers de soins de longue durée, L.O. 2007, chap. 8

Order # / Ordre no:

006

Order Type /

Genre d'ordre :

Compliance Orders, s. 153. (1) (a)

Pursuant to / Aux termes de :

O.Reg 79/10, s. 72. (2) The food production system must, at a minimum, provide for,

- (a) a 24-hour supply of perishable and a three-day supply of non-perishable foods:
- (b) a three-day supply of nutritional supplements, enteral or parenteral formulas as applicable:
- (c) standardized recipes and production sheets for all menus:
- (d) preparation of all menu items according to the planned menu;
- (e) menu substitutions that are comparable to the planned menu;
- (f) communication to residents and staff of any menu substitutions; and
- (g) documentation on the production sheet of any menu substitutions. O. Reg. 79/10, s. 72 (2).

Order / Ordre:

The licensee shall ensure that standardized recipes are in place for all menu items to direct staff in the preparation of the planned menu.

Grounds / Motifs:

1. Standardized recipes were not in place on My 25, 2011 to ensure the consistent preparation of breakfast items, specifically, for pureed bacon, pureed pancakes or pureed toast. Menu items prepared resulted in altered quality, taste and nutritive value. Staff preparing the items confirmed recipes were not available for reference. A recipe for turkey salad sandwiches was available, however, it did not provide clear direction to staff preparing the item. Direction related to portioning was not included, resulting in reduced nutritive value being served to residents. Staff making the sandwiches used a #20 scoop (1oz) for the filling, however, a larger portion was required. (107)

This order must be complied with by /

Vous devez vous conformer à cet ordre d'ici le :

Sep 23, 2011



Order(s) of the Inspector

Pursuant to section 153 and/or section 154 of the Long-Term Care Homes Act, 2007, S.O. 2007, c.8

Ministère de la Santé et des Soins de longue durée

Ordre(s) de l'inspecteur

Aux termes de l'article 153 et/ou de l'article 154 de la Loi de 2007 sur les fovers de soins de longue durée, L.O. 2007, chap. 8

Order#/ Ordre no:

007

Order Type /

Genre d'ordre :

Compliance Orders, s. 153. (1) (a)

Pursuant to / Aux termes de :

O.Reg 79/10, s. 72. (3) The licensee shall ensure that all food and fluids in the food production system are prepared, stored, and served using methods to,

(a) preserve taste, nutritive value, appearance and food quality; and

(b) prevent adulteration, contamination and food borne illness. O. Reg. 79/10, s. 72 (3).

Order / Ordre:

The licensee shall ensure that all food and fluids in the food production system are prepared and served using methods to preserve taste, nutritive value, appearance and food quality, and to prevent adulteration. contamination and food borne illness. The licensee must ensure that residents receiving the pureed menu receive the same level of quality as residents receiving a regular textured menu and that leftovers are not used for the preparation of minced and pureed menus.

Grounds / Motifs:

1. Not all foods for the breakfast meal May 25, 2011 were prepared and served using methods which prevent contamination and food borne illness.

The menu stated pureed peameal bacon to be prepared and served at the breakfast meal, however, pureed sausage was prepared. The breakfast cook confirmed that they used leftover sausages from the day prior lunch as a substitute for the pureed peameal bacon. (107)

2. At the breakfast meal May 25, 2011, residents receiving the pureed texture menu received pureed pancakes and pureed toast pureed together with pancake syrup. Residents receiving the regular texture menu were served the items separately, with appropriate condiments being offered for the toast. The portion size was not adjusted when the pancakes and toast were combined, resulting in reduced portion size being served to residents and reduced nutritive value. (107)

This order must be complied with by /

Vous devez vous conformer à cet ordre d'ici le :

Sep 05, 2011

Order#/ Ordre no:

800

Order Type /

Genre d'ordre :

Compliance Orders, s. 153. (1) (a)

Pursuant to / Aux termes de :



Order(s) of the Inspector

Pursuant to section 153 and/or section 154 of the *Long-Term Care Homes Act, 2007, S.O. 2007, c.8*

Ministère de la Santé et des Soins de longue durée

Ordre(s) de l'inspecteur

Aux termes de l'article 153 et/ou de l'article 154 de la Loi de 2007 sur les foyers de soins de longue durée, L.O. 2007, chap. 8

O.Reg 79/10, s. 73. (1) Every licensee of a long-term care home shall ensure that the home has a dining and snack service that includes, at a minimum, the following elements:

- 1. Communication of the seven-day and daily menus to residents.
- 2. Review, subject to compliance with subsection 71 (6), of meal and snack times by the Residents' Council.
- 3. Meal service in a congregate dining setting unless a resident's assessed needs indicate otherwise.
- Monitoring of all residents during meals.
- 5. A process to ensure that food service workers and other staff assisting residents are aware of the residents' diets, special needs and preferences.
- 6. Food and fluids being served at a temperature that is both safe and palatable to the residents.
- 7. Sufficient time for every resident to eat at his or her own pace.
- 8. Course by course service of meals for each resident, unless otherwise indicated by the resident or by the resident's assessed needs.
- 9. Providing residents with any eating aids, assistive devices, personal assistance and encouragement required to safely eat and drink as comfortably and independently as possible.
- 10. Proper techniques to assist residents with eating, including safe positioning of residents who require assistance.
- 11. Appropriate furnishings and equipment in resident dining areas, including comfortable dining room chairs and dining room tables at an appropriate height to meet the needs of all residents and appropriate seating for staff who are assisting residents to eat. O. Reg. 79/10, s. 73 (1).

Order / Ordre:

The licensee shall ensure that appropriate seating is available for staff assisting residents with eating in the dining rooms. Seating must be of an appropriate height to allow for proper feeding techniques and positioning of staff.

The licensee shall ensure that all residents, including the identified residents, are provided with eating aids, assistive devices and personal assistance and encouragement required to safely eat and drink as comfortably and independently as possible.

Grounds / Motifs:

1. At the lunch meal May 24, 2011, six residents were not provided with eating aids, assistive devices and personal assistance and encouragement required to safely eat and drink as comfortably and independently as possible.

At the breakfast meal May 25, 2011, four residents were not provided with eating aids, assistive devices and personal assistance and encouragement required to safely eat and drink as comfortably and independently as possible. (107)

2. Appropriate furnishings, including appropriate seating for staff that are assisting residents to eat, were not available at the lunch meal May 24, 2011 in the second floor dining room. Seating provided was not of an appropriate height to feed residents resulting in poor feeding technique.

Adjustable stools were ordered for the home May 21, and delivered May 27, 2011, however, a sufficient quantity was not available in the dining room on June 2, 2011. (107)

This order must be complied with by /

Vous devez vous conformer à cet ordre d'ici le :

Sep 23, 2011



Order(s) of the Inspector

Pursuant to section 153 and/or section 154 of the Long-Term Care Homes Act, 2007, S.O. 2007, c.8

Ordre(s) de l'inspecteur

Ministère de la Santé et

des Soins de longue durée

Aux termes de l'article 153 et/ou de l'article 154 de la Loi de 2007 sur les foyers de soins de longue durée, L.O. 2007, chap. 8

Order # / Ordre no :

009

Order Type / Genre d'ordre :

Compliance Orders, s. 153. (1) (a)

Pursuant to / Aux termes de :

O.Reg 79/10, s. 26. (4) The licensee shall ensure that a registered dietitian who is a member of the staff of the home,

(a) completes a nutritional assessment for all residents on admission and whenever there is a significant change in a resident's health condition; and

(b) assesses the matters referred to in paragraphs 13 and 14 of subsection (3). O. Reg. 79/10, s. 26 (4).

Order / Ordre:

The licensee shall ensure that the Registered Dietitian assesses the nutrition and hydration status of all residents who have a reduction in food and fluid intake, including the identified resident.

Grounds / Motifs:

1. The Registered Dietitian did not assess the nutrition and hydration status and any risk relating to nutrition and hydration for an identified resident when they had a significant change in health condition on several nutritional assessments. The resident was sent to hospital and received a diagnosis of dehydration. The resident had a progressive decline in hydration for three consecutive months in 2011 and was not meeting their hydration target during this time. The resident lost 22.7% of their body weight over eight months, had a decline in nutritional intake at meals, and poor skin integrity (open areas). The decline in nutrition and hydration status was not assessed by the Registered Dietitian with interventions to address the problems. (107)

This order must be complied with by /

Vous devez vous conformer à cet ordre d'ici le :

Sep 05, 2011



Order(s) of the Inspector

Pursuant to section 153 and/or section 154 of the *Long-Term Care Homes Act*, 2007, S.O. 2007, c.8

des Soins de longue durée

Ordre(s) de l'inspecteur

Ministère de la Santé et

Aux termes de l'article 153 et/ou de l'article 154 de la Loi de 2007 sur les foyers de soins de longue durée, L.O. 2007, chap. 8

Order # / Ordre no :

010

Order Type /

Genre d'ordre :

Compliance Orders, s. 153. (1) (a)

Pursuant to / Aux termes de :

O.Reg 79/10, s. 50. (2) Every licensee of a long-term care home shall ensure that,

(a) a resident at risk of altered skin integrity receives a skin assessment by a member of the registered nursing staff,

(i) within 24 hours of the resident's admission,

(ii) upon any return of the resident from hospital, and

(iii) upon any return of the resident from an absence of greater than 24 hours;

- (b) a resident exhibiting altered skin integrity, including skin breakdown, pressure ulcers, skin tears or wounds,
- (i) receives a skin assessment by a member of the registered nursing staff, using a clinically appropriate assessment instrument that is specifically designed for skin and wound assessment,
- (ii) receives immediate treatment and interventions to reduce or relieve pain, promote healing, and prevent infection, as required,
- (iii) is assessed by a registered dietitian who is a member of the staff of the home, and any changes made to the resident's plan of care relating to nutrition and hydration are implemented, and

(iv) is reassessed at least weekly by a member of the registered nursing staff, if clinically indicated;

(c) the equipment, supplies, devices and positioning aids referred to in subsection (1) are readily available at the home as required to relieve pressure, treat pressure ulcers, skin tears or wounds and promote healing; and (d) any resident who is dependent on staff for repositioning is repositioned every two hours or more frequently as required depending upon the resident's condition and tolerance of tissue load, except that a resident shall only be repositioned while asleep if clinically indicated. O. Reg. 79/10, s. 50 (2).

Order / Ordre:

The licensee shall ensure that all residents, including residents with altered skin integrity, including the two identified residents, are reassessed at least weekly by a member of the registered nursing staff.

Grounds / Motifs:

1. An identified resident has not been reassessed at least weekly over a four month period by a member of the registered nursing staff in relation to an identified open area on the resident's skin. Assessments were not completed for 9/16 weeks. The wound has increased in size and has been deteriorating.

Weekly assessments of another open area have not consistently been completed since March, 2011. (107) 2. An identified resident had an open area on the skin and a skin tear, however, the resident did not have their skin reassessed at least weekly by a member of the registered nursing staff for two months in 2011. (107)

This order must be complied with by /

Vous devez vous conformer à cet ordre d'ici le :

Sep 05, 2011



Order(s) of the Inspector

Pursuant to section 153 and/or section 154 of the *Long-Term Care Homes Act*, 2007, S.O. 2007, c.8

Ministère de la Santé et des Soins de longue durée

Ordre(s) de l'inspecteur

Aux termes de l'article 153 et/ou de l'article 154 de la Loi de 2007 sur les foyers de soins de longue durée, L.O. 2007, chap. 8

REVIEW/APPEAL INFORMATION / RENSEIGNEMENTS SUR LE RÉEXAMEN/L'APPEL

TAKE NOTICE:

The Licensee has the right to request a review by the Director of this (these) Order(s) and to request that the Director stay this (these) Order(s) in accordance with section 163 of the Long-Term Care Homes Act, 2007.

The request for review by the Director must be made in writing and be served on the Director within 28 days from the day the order was served on the Licensee.

The written request for review must include,

- (a) the portions of the order in respect of which the review is requested;
- (b) any submissions that the Licensee wishes the Director to consider; and
- (c) an address for services for the Licensee.

The written request for review must be served personally, by registered mail or by fax upon:

Director
c/o Appeals Clerk
Performance Improvement and Compliance Branch
Ministry of Health and Long-Term Care
55 St. Clair Ave. West
Suite 800, 8th floor
Toronto, ON M4V 2Y2
Fax: 416-327-760

When service is made by registered mail, it is deemed to be made on the fifth day after the day of mailing and when service is made by fax, it is deemed to be made on the first business day after the day the fax is sent. If the Licensee is not served with written notice of the Director's decision within 28 days of receipt of the Licensee's request for review, this(these) Order(s) is(are) deemed to be confirmed by the Director and the Licensee is deemed to have been served with a copy of that decision on the expiry of the 28 day period.

The Licensee has the right to appeal the Director's decision on a request for review of an Inspector's Order(s) to the Health Services Appeal and Review Board (HSARB) in accordance with section 164 of the Long-Term Care Homes Act, 2007. The HSARB is an independent tribunal not connected with the Ministry. They are established by legislation to review matters concerning health care services. If the Licensee decides to request a hearing, the Licensee must, within 28 days of being served with the notice of the Director's decision, give a written notice of appeal to both:

Health Services Appeal and Review Board and the

Director

Attention Registrar 151 Bloor Street West 9th Floor Toronto, ON M5S 2T5 c/o Appeals Clerk
Performance Improvement and Compliance Branch
55 St. Clair Avenue, West
Suite 800, 8th Floor
Toronto, ON M4V 2Y2

Fax: 416-327-7603

Upon receipt, the HSARB will acknowledge your notice of appeal and will provide instructions regarding the appeal process. The Licensee may learn more about the HSARB on the website www.hsarb.on.ca.

Issued on this 22nd day of August, 2011

Signature of Inspector /

Signature de l'inspecteur :

- Ul Wanen

Name of Inspector /

Nom de l'inspecteur :

MICHELLE WARRENER

Service Area Office /

Bureau régional de services :

Hamilton Service Area Office