



**Ministry of Health and  
Long-Term Care**

**Inspection Report under  
the Long-Term Care  
Homes Act, 2007**

**Ministère de la Santé et des  
Soins de longue durée**

**Rapport d'inspection  
prévue le Loi de 2007 les  
foyers de soins de longue**

**Health System Accountability and Performance**

Division  
**Performance Improvement and Compliance Branch**  
Division de la responsabilisation et de la  
performance du système de santé  
Direction de l'amélioration de la performance et de la  
conformité

Toronto Service Area Office  
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TORONTO, ON, M4V-2Y7  
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55, avenue St. Clair Ouest, 8iém étage  
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**Public Copy/Copie du public**

Date(s) of inspection/ <u>Date(s) de l'inspection</u>	<u>Inspection No/ No de l'inspection</u>	<u>Type of Inspection/Genre d'inspection</u>
Feb 15, 16, 17, 22, 24, 2012	2012_077109_0008	Follow up

**Licensee/Titulaire de permis**

REGIONAL MUNICIPALITY OF YORK  
17250 Yonge Street, NEWMARKET, ON, L3Y-6Z1

**Long-Term Care Home/Foyer de soins de longue durée**

YORK REGION NEWMARKET HEALTH CENTRE  
194 EAGLE STREET, NEWMARKET, ON, L3Y-1J6

**Name of Inspector(s)/Nom de l'inspecteur ou des inspecteurs**

SUSAN SQUIRES (109)

**Inspection Summary/Résumé de l'inspection**

The purpose of this inspection was to conduct a Follow up inspection.

During the course of the inspection, the inspector(s) spoke with Administrator, Director of Care, Nurse Supervisor, Registered staff members, Residents, PSW care staff

During the course of the inspection, the inspector(s) Observed restraint placement, observed staff apply and release restraining devices, reviewed manufacturer specifications, reviewed parts of the health record for an identified resident.

The following Inspection Protocols were used during this inspection:

Minimizing of Restraining

Findings of Non-Compliance were found during this inspection.

**NON-COMPLIANCE / NON-RESPECT DES EXIGENCES**



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**Legend**

WN – Written Notification  
VPC – Voluntary Plan of Correction  
DR – Director Referral  
CO – Compliance Order  
WAO – Work and Activity Order

Non-compliance with requirements under the Long-Term Care Homes Act, 2007 (LTCHA) was found. (A requirement under the LTCHA includes the requirements contained in the items listed in the definition of "requirement under this Act" in subsection 2(1) of the LTCHA.)

The following constitutes written notification of non-compliance under paragraph 1 of section 152 of the LTCHA.

**Legendé**

WN – Avis écrit  
VPC – Plan de redressement volontaire  
DR – Aiguillage au directeur  
CO – Ordre de conformité  
WAO – Ordres : travaux et activités

Le non-respect des exigences de la Loi de 2007 sur les foyers de soins de longue durée (LFSLD) a été constaté. (Une exigence de la loi comprend les exigences qui font partie des éléments énumérés dans la définition de « exigence prévue par la présente loi », au paragraphe 2(1) de la LFSLD.)

Ce qui suit constitue un avis écrit de non-respect aux termes du paragraphe 1 de l'article 152 de la LFSLD.

**WN #1: The Licensee has failed to comply with O.Reg 79/10, s. 110. Requirements relating to restraining by a physical device**

**Specifically failed to comply with the following subsections:**

**s. 110. (1) Every licensee of a long-term care home shall ensure that the following requirements are met with respect to the restraining of a resident by a physical device under section 31 or section 36 of the Act:**

- 1. Staff apply the physical device in accordance with any manufacturer's instructions.**
- 2. The physical device is well maintained.**
- 3. The physical device is not altered except for routine adjustments in accordance with any manufacturer's instructions. O. Reg. 79/10, s. 110 (1).**

**s. 110. (6) Every licensee shall ensure that no physical device is applied under section 31 of the Act to restrain a resident who is in bed, except**

**(a) to allow for a clinical intervention that requires the resident's body or a part of the resident's body to be stationary; or**

**(b) if the physical device is a bed rail used in accordance with section 15. O. Reg. 79/10, s. 110 (6).**

**Findings/Faits saillants :**

1. Alterations which were made to the seat belt restraining devices by the licensee were not in accordance with any manufacturer's instructions. The manufacturer of the restraints is Posey.

A resident is restrained in a wheelchair with a large prong side buckle lap restraint.

Observed the restraint to be very tight. It was observed that the seat belt had been altered in that there is a plastic clip punched through the fabric which prevents the strap from moving and thus preventing adjustments of tightening and loosening the restraint to be made [r. 110 (3)]

Observed another resident to be wearing a side closing seat belt restraint on the wheelchair. The seat belt strap had been altered in that a plastic clip has been placed on the strap which prevents the restraint from being adjusted to tighten or loosen the strap [r.110(3)].

It is noted that the licensee immediately corrected and replaced both restraints which had been altered to prevent strap adjustment.

2. The licensee has failed to ensure that residents are not restrained with a physical device while in bed.

A resident is restrained when in bed with a restraint which is tied to the bed.

The restraint is used for the resident while in bed sleeping and/or resting [r.110(6)].



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**WN #2: The Licensee has failed to comply with LTCHA, 2007 S.O. 2007, c.8, s. 35. Prohibited devices that limit movement**

Every licensee of a long-term care home shall ensure that no device provided for in the regulations is used on a resident,

- (a) to restrain the resident; or
- (b) to assist a resident with a routine activity of living, if the device would have the effect of limiting or inhibiting the resident's freedom of movement. 2007, c. 8, s. 35.

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**Findings/Faits saillants :**

1. 112. For the purposes of section 35 of the Act, every licensee of a long-term care home shall ensure that the following devices are not used in the home:
  1. Roller bars on wheelchairs and commodes or toilets.
  2. Vest or jacket restraints.
  3. Any device with locks that can only be released by a separate device, such as a key or magnet.
  4. Four point extremity restraints.
  5. Any device used to restrain a resident to a commode or toilet.
  6. Any device that cannot be immediately released by staff.
  7. Sheets, wraps, tensors or other types of strips or bandages used other than for a therapeutic purpose. O. Reg. 79/10, s. 112.

The licensee is restraining a resident with prohibited devices which have locks that can only be released by a separate device.

A resident was observed to be lying in bed with a waist belt restraint applied around the waist. The restraint straps are attached to the bed frame. The restraint pin can only be opened with a separate magnetic cap.

A resident was observed to be sitting in the wheelchair with a rear closing houdini style restraint. The closure pin on the restraint can only be released with a separate device such as a pen or a key [r. 112(3)].

**Additional Required Actions:**

**CO # - 901 was served on the licensee. Refer to the "Order(s) of the Inspector".**

**THE FOLLOWING NON-COMPLIANCE AND/OR ACTION(S)/ORDER(S) HAVE BEEN COMPLIED WITH/  
LES CAS DE NON-RESPECTS ET/OU LES ACTIONS ET/OU LES ORDRES SUIVANT SONT MAINTENANT  
CONFORME AUX EXIGENCES:**

CORRECTED NON-COMPLIANCE/ORDER(S) REDRESSEMENT EN CAS DE NON-RESPECT OU LES ORDERS:			
REQUIREMENT/ EXIGENCE	TYPE OF ACTION/ GENRE DE MESURE	INSPECTION # / NO DE L'INSPECTION	INSPECTOR ID #/ NO DE L'INSPECTEUR
LTCHA, 2007 S.O. 2007, c.8 s. 35.	WN #1	2012_077109_0008	109
LTCHA, 2007 S.O. 2007, c.8 s. 35.	CO #901	2012_077109_0008	109

Issued on this 24th day of February, 2012



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Signature of Inspector(s)/Signature de l'inspecteur ou des inspecteurs

A handwritten signature in black ink, appearing to read "S. J." followed by a long, sweeping flourish.



**Ministry of Health and  
Long-Term Care**

**Order(s) of the Inspector**

Pursuant to section 153 and/or  
section 154 of the *Long-Term Care  
Homes Act, 2007*, S.O. 2007, c.8

**Ministère de la Santé et  
des Soins de longue durée**

**Ordre(s) de l'inspecteur**

Aux termes de l'article 153 et/ou  
de l'article 154 de la *Loi de 2007 sur les foyers  
de soins de longue durée*, L.O. 2007, chap. 8

**Health System Accountability and Performance Division  
Performance Improvement and Compliance Branch**

**Division de la responsabilisation et de la performance du système de santé  
Direction de l'amélioration de la performance et de la conformité**

**Public Copy/Copie du public**

<b>Name of Inspector (ID #) / Nom de l'inspecteur (No) :</b>	SUSAN SQUIRES (109)
<b>Inspection No. / No de l'inspection :</b>	2012_077109_0008
<b>Type of Inspection / Genre d'inspection:</b>	Follow up
<b>Date of Inspection / Date de l'inspection :</b>	Feb 15, 16, 17, 22, 24, 2012
<b>Licensee / Titulaire de permis :</b>	REGIONAL MUNICIPALITY OF YORK 17250 Yonge Street, NEWMARKET, ON, L3Y-6Z1
<b>LTC Home / Foyer de SLD :</b>	YORK REGION NEWMARKET HEALTH CENTRE 194 EAGLE STREET, NEWMARKET, ON, L3Y-1J6
<b>Name of Administrator / Nom de l'administratrice ou de l'administrateur :</b>	JANICE BRITTON <i>Lisa Salonen Mackay</i>

To REGIONAL MUNICIPALITY OF YORK, you are hereby required to comply with the following order(s) by the date(s) set out below:



**Ministry of Health and  
Long-Term Care**

**Order(s) of the Inspector**

Pursuant to section 153 and/or  
section 154 of the *Long-Term Care  
Homes Act, 2007*, S.O. 2007, c.8

**Ministère de la Santé et  
des Soins de longue durée**

**Ordre(s) de l'inspecteur**

Aux termes de l'article 153 et/ou  
de l'article 154 de la *Loi de 2007 sur les foyers  
de soins de longue durée*, L.O. 2007, chap. 8

**Order # /**

**Ordre no :** 901

**Order Type /**

**Genre d'ordre :**

Compliance Orders, s. 153. (1) (a)

**Pursuant to / Aux termes de :**

LTCHA, 2007 S.O. 2007, c.8, s. 35. Every licensee of a long-term care home shall ensure that no device provided for in the regulations is used on a resident,

- (a) to restrain the resident; or
- (b) to assist a resident with a routine activity of living, if the device would have the effect of limiting or inhibiting the resident's freedom of movement. 2007, c. 8, s. 35.

**Order / Ordre :**

The licensee shall remove the prohibited devices, specifically the pinel waist restraint and the houdini rear closing seat belt from the identified resident and provide alternative interventions to ensure the safety of the resident.

**Grounds / Motifs :**

1. The licensee is restraining a resident with prohibited devices which have locks that can only be released by a separate device [Reg. 112].

A resident was observed to be lying in bed with a waist belt restraint applied around the waist. The restraint straps were attached to the bed frame. The restraint pin can only be opened with a separate magnetic cap.

A resident was observed to be sitting in the wheelchair with a rear closing houdini style restraint. The closure pin on the restraint can only be released with a separate device such as a pen or a key. (109) (109)

**This order must be complied with by /**

**Vous devez vous conformer à cet ordre d'ici le :** Immediate



## Ministry of Health and Long-Term Care

### Order(s) of the Inspector

Pursuant to section 153 and/or section 154 of the *Long-Term Care Homes Act, 2007*, S.O. 2007, c.8

## Ministère de la Santé et des Soins de longue durée

### Ordre(s) de l'inspecteur

Aux termes de l'article 153 et/ou de l'article 154 de la *Loi de 2007 sur les foyers de soins de longue durée*, L.O. 2007, chap. 8

### REVIEW/APPEAL INFORMATION

#### TAKE NOTICE:

The Licensee has the right to request a review by the Director of this (these) Order(s) and to request that the Director stay this (these) Order(s) in accordance with section 163 of the Long-Term Care Homes Act, 2007.

The request for review by the Director must be made in writing and be served on the Director within 28 days from the day the order was served on the Licensee.

The written request for review must include,

- (a) the portions of the order in respect of which the review is requested;
- (b) any submissions that the Licensee wishes the Director to consider; and
- (c) an address for services for the Licensee.

The written request for review must be served personally, by registered mail or by fax upon:

Director  
c/o Appeals Coordinator  
Performance Improvement and Compliance Branch  
Ministry of Health and Long-Term Care  
55 St. Clair Avenue West  
Suite 800, 8th Floor  
Toronto, ON M4V 2Y2  
Fax: 416-327-7603

When service is made by registered mail, it is deemed to be made on the fifth day after the day of mailing and when service is made by fax, it is deemed to be made on the first business day after the day the fax is sent. If the Licensee is not served with written notice of the Director's decision within 28 days of receipt of the Licensee's request for review, this(these) Order(s) is(are) deemed to be confirmed by the Director and the Licensee is deemed to have been served with a copy of that decision on the expiry of the 28 day period.

The Licensee has the right to appeal the Director's decision on a request for review of an Inspector's Order(s) to the Health Services Appeal and Review Board (HSARB) in accordance with section 164 of the Long-Term Care Homes Act, 2007. The HSARB is an independent tribunal not connected with the Ministry. They are established by legislation to review matters concerning health care services. If the Licensee decides to request a hearing, the Licensee must, within 28 days of being served with the notice of the Director's decision, give a written notice of appeal to both:

Health Services Appeal and Review Board and the

Director

Attention Registrar  
151 Bloor Street West  
9th Floor  
Toronto, ON M5S 2T5

Director  
c/o Appeals Coordinator  
Performance Improvement and Compliance Branch  
Ministry of Health and Long-Term Care  
55 St. Clair Avenue West  
Suite 800, 8th Floor  
Toronto, ON M4V 2Y2  
Fax: 416-327-7603

Upon receipt, the HSARB will acknowledge your notice of appeal and will provide instructions regarding the appeal process. The Licensee may learn more about the HSARB on the website [www.hsarb.on.ca](http://www.hsarb.on.ca).



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Aux termes de l'article 153 et/ou  
de l'article 154 de la *Loi de 2007 sur les foyers  
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**RENSEIGNEMENTS SUR LE RÉEXAMEN/L'APPEL**

**PRENDRE AVIS**

En vertu de l'article 163 de la Loi de 2007 sur les foyers de soins de longue durée, le titulaire de permis peut demander au directeur de réexaminer l'ordre ou les ordres qu'il a donné et d'en suspendre l'exécution.

La demande de réexamen doit être présentée par écrit et est signifiée au directeur dans les 28 jours qui suivent la signification de l'ordre au titulaire de permis.

La demande de réexamen doit contenir ce qui suit :

- a) les parties de l'ordre qui font l'objet de la demande de réexamen;
- b) les observations que le titulaire de permis souhaite que le directeur examine;
- c) l'adresse du titulaire de permis aux fins de signification.

La demande écrite est signifiée en personne ou envoyée par courrier recommandé ou par télécopieur au :

Directeur  
a/s Coordinateur des appels  
Direction de l'amélioration de la performance et de la conformité  
Ministère de la Santé et des Soins de longue durée  
55, avenue St. Clair Ouest  
8e étage, bureau 800  
Toronto (Ontario) M4V 2Y2  
Télécopieur : 416-327-7603

Les demandes envoyées par courrier recommandé sont réputées avoir été signifiées le cinquième jour suivant l'envoi et, en cas de transmission par télécopieur, la signification est réputée faite le jour ouvrable suivant l'envoi. Si le titulaire de permis ne reçoit pas d'avis écrit de la décision du directeur dans les 28 jours suivant la signification de la demande de réexamen, l'ordre ou les ordres sont réputés confirmés par le directeur. Dans ce cas, le titulaire de permis est réputé avoir reçu une copie de la décision avant l'expiration du délai de 28 jours.

En vertu de l'article 164 de la Loi de 2007 sur les foyers de soins de longue durée, le titulaire de permis a le droit d'interjeter appel, auprès de la Commission d'appel et de révision des services de santé, de la décision rendue par le directeur au sujet d'une demande de réexamen d'un ordre ou d'ordres donnés par un inspecteur. La Commission est un tribunal indépendant du ministère. Il a été établi en vertu de la loi et il a pour mandat de trancher des litiges concernant les services de santé. Le titulaire de permis qui décide de demander une audience doit, dans les 28 jours qui suivent celui où lui a été signifié l'avis de décision du directeur, faire parvenir un avis d'appel écrit aux deux endroits suivants :

À l'attention du registraire  
Commission d'appel et de révision des services de santé  
151, rue Bloor Ouest, 9e étage  
Toronto (Ontario) M5S 2T5

Directeur  
a/s Coordinateur des appels  
Direction de l'amélioration de la performance et de la conformité  
Ministère de la Santé et des Soins de longue durée  
55, avenue St. Clair Ouest  
8e étage, bureau 800  
Toronto (Ontario) M4V 2Y2  
Télécopieur : 416-327-7603

La Commission accusera réception des avis d'appel et transmettra des instructions sur la façon de procéder pour interjeter appel. Les titulaires de permis peuvent se renseigner sur la Commission d'appel et de révision des services de santé en consultant son site Web, au [www.harb.on.ca](http://www.harb.on.ca).

Issued on this 24th day of February, 2012

Signature of Inspector /  
Signature de l'inspecteur : 

Name of Inspector /  
Nom de l'inspecteur : SUSAN SQUIRES

Service Area Office /  
Bureau régional de services : Toronto Service Area Office